

INFORMATION SHEET

A study of the

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Did you know that in rare cases the basis for heart attacks and strokes is laid in childhood? Elevated cholesterol (=blood fat) can be inherited and harm children's blood vessels.

Such damage to blood vessels can be prevented if elevated LDL cholesterol (=“bad cholesterol”) is detected in childhood.

Familial Hypercholesterolemia (FH) is an inherited disorder of the lipid metabolism (= fat metabolism) and a risk factor for premature cardiovascular diseases. The prevalence of Familial Hypercholesterolemia is 1 out of 200 to 500 people. For this reason it is important to diagnose FH in childhood, as early awareness and timely therapy can significantly lower risk.

We invite you to participate in the **FHkids Study**. To do so, it is necessary to complete the Questionnaire for mothers and fathers and provide information about your child.

Please read the parents' declaration of consent during your child's school enrollment medical examination. We would kindly ask you to leave the completed questionnaires and signed declaration of consent with the school doctor. The school doctor and FHkids Team will be pleased to answer any questions you may have.

Thank you!

Your FHkids-Team