

## FHkids Screening for familial elevated cholesterol in children



## 3 QUESTIONS:

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1) Do you (biological mother or father) or close relatives (siblings, grandparents, aunts, uncles) have elevated blood fats
(=total cholesterol, triglycerides, LDL-cholesterol) or do you take cholesterol-lowering medication (statins)?
O Yes O No if yes: indicate about you/ relatives:
2) Do you (biological mother or father) have fatty skin growths/ deposits (=xanthomas) in particular in the areas of the Achilles tendon/hands/knees or eyes (=xanthelasms)? O Yes O No
3) Do you (biological mother or father) or close relatives (siblings, grandparents, aunts, uncles) suffered a heart attack or stroke before the age of 55?
O Yes O No if yes: indicate about you/ relatives with age at the event:

**RESULT:** If <u>one</u> question is "yes" or remains unanswered, a measurement of blood lipids in your child is indicated!